



Namaqua Unitarian Universalist Congregation

*A Home for Spiritual Growth, Free
Thought and Loving Action*

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Upcoming Services

NUUC meets each Sunday
at 10:00am on Zoom:
[Meeting ID: 95746329454](https://www.zoom.us/j/95746329454)

Contact Us: 970-685-0427
745 E. 5th St.
Loveland, CO 80537

Find us on the web
www.NamaquaUU.org
[@NamaquaUU](https://www.instagram.com/NamaquaUU)



January 3: Imagining 2021 — Worship Associates Kathy Hartman & Chad Escallier

Imagine what 2021 has in store for us. Will we feel safer going to the store, and if handshakes become a relic of the past, how do we save the hug? Create an image of what you want your New Year to look like as you hear Kathy and Chad's perspective on 2021.

January 10: Decades — Rev. Laurel Liefert & Members of Namaqua

Join us for this annual Namaqua tradition. Come, yet again, come to hear speakers of different ages respond to the well-loved question from Mary Oliver's poem "A Summer Day": *Tell me, what is it you plan to do with your one wild and precious life?*

January 17: Marginalized People — Sally Henry, Francey Liefert & Rev. Laurel Liefert

The official title of 2020's Unitarian Universalist General Assembly (GA) was 'Rooted, Inspired and Ready' (to live our Unitarian values). The predominant theme was social awareness and activism spotlighting the many groups of marginalized people. There were over 35 workshops, lectures and activities looking critically at how Unitarian Universalists could better understand their lives and become more effective allies. Discussions often focused on blacks and indigenous communities, but also addressed the LGBTQ communities, people with disabilities and women's rights. While there was lots of talk about damage to individuals, groups and to our land, the real message was on healing and developing right relations. Join Sally Henry and Francey Liefert at this service exploring what we learned at GA and what actions we can take as individuals and as a congregation.

January 24: Spiritual Imagination — Rev. Laurel Liefert & Rev. Lydia Ferrante-Roseberry

Spirituality is a recognition that there is something beyond us, that we are more than our bodies and our brains. If our human senses don't tell the whole story, does imagination play a role in our spiritual lives? If so, what is it? In this special Sunday service, Namaqua will join with the Boulder Valley UU Fellowship to explore these questions. After the service you will have an opportunity to meet (virtually) with Revs. Laurel & Lydia to consider what ignites your spiritual imagination.

January 31: Stella, the Seeker — Barbara Fleming, Rev. Laurel Liefert & Namaqua cast of characters

Seeker wakes up one morning full of questions about the meaning of life and about God and embarks on a quest to find answers. She visits several different churches, getting a variety of responses that do not fulfill her quest satisfactorily, but eventually she finds the right church for her.

NUUC COVID-19 Response Plan

COVID-19 Task Force will regularly monitor announcements from the Center for Disease Control (www.CDC.gov), Larimer County Health Department (www.Larimer.org/health) and UUA (www.UUA.org) as well as other recognized experts and make recommendations to NUUC Board of Trustees and CoSM on best policies and practices to ensure compliance with Colorado government instructions and recommendations. The Task Force will meet as necessary to review and update NUUC policy and guidelines.

COMMUNICATION

- NUUC's primary communication tools will be our e-mail blast system and the NUUC website www.NamaquaUU.org
- Any member or friend who would like to sign up for email blasts should send a request to Admin@NamaquaUU.org
- Current policy, announcements and information will be posted on the church's website: www.NamaquaUU.org in the Events box at top right on home page. To post an announcement, send notice to nuuc@NamaquaUU.org
- Larimer County Health Department approved signs will be posted at all church entrances stating that masks need to be worn indoors and no one with COVID symptoms may enter buildings
- Current NUUC COVID-19 policy will be distributed with *Building Use Guidelines* when a member reserves an indoor room for any purpose.

INDOOR SERVICES and PROGRAMS

- Sanctuary occupancy will be limited to 25 individuals
- Parker Hall occupancy will be limited to 15 individuals
- Only NUUC staff, members and friends will be routinely allowed into the buildings. Others with need (repair, special guests) may enter accompanied by NUUC individuals.
- All indoor NUUC services/programs/activities must be led by a NUUC leader or designee who has been trained during either Fall 2020 Leadership Summit or CoSM Council meeting.
- Program lead must submit a Larimer County variance plan jotform.com/form/201706022336140 and obtain approval if more than 10 people are expected to attend any indoor event. Send plan to NUUC Administrative Assistant for filing.
- Attendance lists with contact information for all programs must be established by program lead and sent with variance plan and closing checklist to Administrative Assistant for filing.
- A NUUC Closing Building checklist must be completed by program lead and sent to NUUC Administrative Assistant for filing.

- All protective practices must be followed as outlined below: social distancing, wearing masks, no home-made food, cleaning/disinfecting.
- Parent/guardian of any child participating in an indoor activity must sign a NUUC consent form outlining and acknowledging their responsibilities in following church policy.
- As much as possible, staff and volunteers should continue to work from home.

HOLDING/CANCELLING SERVICES and PROGRAMS

- While on-site services and programs will be allowed once attached Pre-Conditions are met, it is recommended that virtual services via the internet be continued as long as Colorado Safer-At-Home Guidance is in place and "at-risk individuals are encouraged to minimize contact with people outside their households." Announcement/instructions will be made via email blasts and on website.
- Indoor service/program leaders is responsible for insuring all safety precautions as outlined here are complied with and for completing Closing Buildings Checklist which will be distributed when room is reserved.
- Individual members may enter building for essential purposes.
- NUUC programs may be held virtually or outdoors as determined by the lead.
- Outdoor activities must be socially distanced and participants will wear masks.
- As per established NUUC policy, services and programs may be cancelled by consensus of at least two of the following people: Minister, President, Chair of COSM, Ministry Chair or program/activity lead
- When services/programs are cancelled, the activity lead will make (or delegate) every effort to contact participants directly by email or phone as well as notice on website as appropriate.
- No outside groups may use the buildings for any purpose.

PROTECTIVE PRACTICES

- Larimer County Health Department Safer-At-Home Places of Worship Checklist must be completed by Board of Trustees and posted in office
- No one is to enter NUUC buildings if they are sick or exhibiting COVID symptoms (fever, sore throat, headache, cough, loss of taste or smell, shortness of breath, ear aches, body aches, diarrhea, fatigue, vomiting, abdominal pain). Symptom checks must be completed before employees and volunteers enter the building. Anyone symptomatic must self-isolate for 10 days.
- Everyone inside the church buildings must wear face masks at all times. The only exception will be the minister and worship associate when conducting services as long as there is only one person in each

NUUC COVID-19 Response Plan

(continued)

PROTECTIVE PRACTICES (continued)

In each building (sanctuary and Parker Hall).

- ‘Social distancing’ will be practiced by staying at least 6’ from other individuals when crowd restrictions allow face-to-face gatherings
- Everyone who enters building must have their temperatures checked at the door by an individual designated by the program lead and be questioned regarding any COVID-19 symptoms. No one with a temperature above 100.4 or with COVID-19 symptoms may enter building.
- Once the building capacity is met, no more will be admitted and must wait outside still remaining 6’ apart; consider holding additional services.
- Face masks will be worn by all attendees and the church will provide extra disposable masks in each building
- No singing will be allowed inside buildings
- Multiple supplies of masks, hand-sanitizer, and disinfecting wipes/spray will be made available in both sanctuary and Parker Hall.
- Cleaning/Disinfecting Surfaces
 - Weekly (by NUUC Custodian) if building has been used for any group (if no group events have been held, custodian may clean every two weeks) and as- used (by staff member/volunteer or program lead), CDC-approved chlorine and alcohol-based (at least 60%) solutions and disposable paper towels will be used to wipe down all surfaces which may have been touched including pews, tables, chairs, light/heat switches doorknobs, railings, faucet handles in both kitchen and rest rooms
 - Cleaners should wear protective gloves while cleaning
 - CoSM Building Operations Ministry is responsible for ensuring sufficient CDC-approved cleaning agents, supplies and equipment are available at all times
 - Cleaning responsibility will be described in Building Use Guidelines.
- Refreshments will be limited to commercially wrapped food items and juices. No home-made foods will be allowed.
- Disposable dishes and flatware will be used
- NUUC staff and volunteers will work remotely as much as possible

CARING FOR EACH OTHER

- Stay home if you are ill
- If any member/friend would like ‘wellness checks’ (a church member to call you regularly to

stay in touch and reduce social isolation), please contact Pastoral Care Team (PCT) at PastoralCare@NamaquaUU.org and they will set up a system

- If you would like assistance with groceries or other urgent supplies, please contact Pastoral Care who will arrange for home delivery (leaving on front porch/garage)
- If you are ill, please let either the minister or PCT know. They will respect your confidentiality as you wish.
- Pastoral Care has a modest Emergency Fund for folks who are financially vulnerable, if you are in need contact PCT

ADDENDUM A

In accordance with Larimer County Health Department Public Health Order dated October 23, 2020: All activities in NUUC buildings are limited to 10 people from no more than two households. Worship services are exempt from this limitation.

ADDENDUM B

In accordance with Larimer County Health Department Public Health Order dated November 13, 2020: All program activities in NUUC buildings are prohibited. Worship services and ‘life rites’ (weddings, funerals) are exempt from this limitation.

ABOVE ALL USE WELL-INFORMED SCIENCE-BASED COMMON SENSE WHEN MAKING ANY DECISIONS

NUUC Again Closes our Buildings to Meetings

As you are no doubt aware, COVID is rising rapidly in Larimer County and we are now in the COVID red zone and more health department restrictions went into place Tuesday Nov 24th . The repeated message is distancing—as well as masks, of course. Latest recommendation is for no more than two households to gather.

The NUUC COVID Task Force is again amending our COVID policy to close the building to all gatherings except services and ‘life rites’ (weddings/funerals) which are allowed exceptions to the current health department recommendations.

There is some good news! On Congressman Neguse’s Nov 23rd town hall meeting, multiple state health department leaders all said ‘hang tough, there is light at end of tunnel’—tho it may not be until summer that things are ‘normal’ again. And there is a Larimer County plan to roll out vaccines starting in December. Healthcare workers are first in line; at-risk individuals in Stage 2.

Stay safe, Everyone—we can get through this if we all stay together!

President's Message

Welcome to 2021!

When to cocoon, when to extend our wings, and when to fly are my wrestles right now, both personally and within our congregation. This coronavirus thing encourages the cocoon in me; I'm already risk averse, plus an introvert, and between the two staying at home and contemplating life would be just fine for me. Winter calls for cocooning. But my life partner decided this year we'd try snowbirding for the first time, so as I write we're near Zion National Park – hope to gain entry there today, very much depending on the crowds and how many people the Forest Service is letting in.

Seems like daily I'm given an opportunity for a wing stretch this trip – and also an opportunity for cocooning. I'm working on getting the balance right.

The same with our congregation, I think. Cocooning, we have the building pretty well shut down. Rats, we can't meet, but we need to stay safe. Still, we extend our wings: **Sunday Services**, and several **Adult Enrichment activities**, like *Meditation and Heart-to-Heart*, both led by Janen. Almost 20 of us have now read *White Fragility* or *How to be an Antiracist*; what's next? *Breaking on the horizon* is a Parenting class and the first half of January will see a *Life Transitions workshop* – you can still sign up for that [here](#), along with several other upcoming classes and workshops.

And flying to new adventures: **we received a grant for about half of a ministerial intern's salary!** Our treasurer, Dick Barton, predicts between that and Laurel backing off to ¾ time next church year, we'll be able to afford becoming a **Teaching Congregation**. *What that means, we can hope, is a ministerial candidate will pick us (and we them) to spend the better part of the 2021-22 church year with us, for us to give them their first feel of ministering to a congregation. We'll form an Intern Committee to see the process through; Carole Barton has already volunteered (thank you, Carole!), and if anyone else would like to help out, let Laurel know.*

Other goings on... Worship Associates are signed up to cover **Laurel's mini-sabbatical in March and April**... Bill Rosquist has volunteered to lead our **Annual Budget Drive** (thank you, Bill!) and I'm in the process of an arm twist to gain him a cohort. Too, I'm looking for a couple of people to check into **on-line auctions** – anyone have an interest there? (Seems like someone told me they'd done this? Remind me!) Thanks to Brian Jarvis, we've wrestled our **building thermostat** under control.

In late November we lost someone dear, Sharon Reif, and I'm sad to report as I write that Ginny Weigel, whose husband is Kent Robertson, is in hospice care, and not expected to last long. Their lives remind me of the importance of living a life well-lived, as they did, and in particular of my being attentive to the goodness to be found in each day. A former minister related she would go on walks, pausing from the sometimes seemingly overwhelming pressures of her day, and going along would bless that rock ("**Bless you, rock!**"), that tree, those blades of grass bravely sticking up through a crack in the sidewalk. If blessing is both a taking the best in and a wishing the best for, I could do much worse than finding times within the day to recognize my blessings and bless.

Here's for our taking in the best in each of us and wishing the best for us all, each day in 2021 –

Yours in building a beloved community,

Doug

Religious Education



Happy soon-to-be New Year! My husband and I just finished reading together, *The Happiness Hypothesis* by Jonathan Haidt. This is one of the ideas I really liked: Work on your strengths, not your weaknesses. How many of our New Year's resolutions have been about fixing a flaw? And how many of those resolutions make it back on the list year after year? It is difficult to change any aspect of our personality by sheer force of will. And it isn't fun to work on a weakness so we soon run out of enthusiasm for that task no matter how determined we start out. The fact is that we don't need to be good at everything. We can often use a strength to get around a weakness.

In this book Haidt gives an example of a woman who knew herself to be loving but who, nevertheless, had a hard time forgiving the people closest to her for the way they had hurt her in the past. She often despaired that she didn't seem able to forgive as she found herself ruminating on past pain. Thinking about the concept of using your strengths and knowing that she had a lot of love to give she decided when demons of the past arose she would think of a positive memory about the person in question and mentally try to send that person some present-day love. It worked! By using her capacity to love she was able to stop the habitual victim tapes that played in her mind and slowly the power that these old memories had over her decreased.

Another man who found he had cancer drew on his huge aptitude for zest and insisted on making time for the people and hikes and hobbies that made his life rich as a way to stay strong during this ordeal. When he recovered he attributed his healing to that focus on zest that he determined to sustain.

So glory in your strengths and enjoy the purpose and power that they can bring to your life experience in 2021!!

RE Calendar

Link for Soulful Home soulmatterssharingcircle.com/uploads/9/4/5/0/94501751/sm_2021-01_sh_imagination.pdf

Second Sunday RE Circle Jan. 10 @ 9:30 in the 2nd Zoom Room. Come with us on a flight of the Imagination!
zoom.us/j/92550309257?pwd=MXgwUVJqZk5DcTVHVGN4Ry9xNEJOUT09

The Mystery Pal Program is back!! -- This remains one of my favorite UU traditions; a way for people of different generations to make a new friend in our congregation. Starting *now* kids and generous adults and teens can sign up to be a Mystery Pal. By the middle of January, I will pair each child with an adult and for the next 3 weeks you can write back and forth to your Pal-- but you won't reveal your identity until Feb. 7th at our **Mystery Pal Zoom Meet Up** @ 11:45 a.m. At this Zoom meeting the adult or teen Pal will share with the rest of us about their young Pal so we can all get to know them better.

Kids love to receive mail in the mailbox but you can also call them on the phone or e-mail them through their parents (whose address we will share with you. The parents can know who you are!) After the big reveal we ask that you give a small gift (under \$5) to your Pal. (You can mail it or drop it by their house.) It is not too soon to let me know if you would like to participate! Just email me at NamaquaDRE@gmail.com I will send a reminder out after the holidays!

Religious Education (continued)

What are Mystery Pals?

Paired adults or teens and children getting to know each other as Pen Pals over the course of five weeks. Children don't get to know the identity of their Mystery Friends until the grand reveal on the last week!

What do Mystery Pals do?

Mystery Friends get to know each other by writing *weekly* notes. They ask and answer questions, send riddles, puzzles, and hints. They stay in touch and remain a mystery!

Questions for kids to ask: Where were you born? How many people are in your family? Do you have children or grandchildren? Do you have pets? What are your favorite hobbies or activities? What kind of job do you have now or had before you retired? What is your favorite place in the world?

Questions for adults to ask: Where were you born? How old are you, what grade are you in? How many people are in your family? How many brothers and sisters do you have? How old are they? What are your favorite hobbies or activities? Do you have pets? What is a favorite place you have visited?

Parent Support And Discussion Group

If you are in the business of raising kids you are invited to join us every other Wednesday evening on Zoom for an 8 week Parent and Guardian Support and Discussion Group beginning Wednesday Jan 13 from 6:30-7:45.

We will enlist the media to view parenting advice talks and use that as a platform to launch our own discussions. There is so much we can learn from each other. We don't have to do this alone!

If you are interested in joining us please RSVP to Janen Wright (Director of Religious Education) at NamaquaDRE@gmail.com All faiths are welcome.



Yours in service,

Janen

January Birthdays & Anniversaries



Birthdays

Jan 2 Rob Van Doren
 Jan 4 Etta Milden
 Jan 6 Rebecca Williamson
 Jan 8 Nance Horowitz
 Jan 13 Els Deininger
 Jan 17 Cindy Black
 Jan 26 Quinn Van Doren
 Jan 28 Cathy Kipp
 Jan 30 Bruce Croissant

Anniversaries

Jan 6 Andy & Amy Carlson
 Jan 19 Kathy & Jim Vaughn

If you'd like your birthday or anniversary listed in the newsletter please mail: newsletter@namaquauu.org

Minister's Musings



A Kaleidoscope of Wishes

Dear Ones,

I was touched by the outpouring of wishes for 2021 that many of you sent to attach to our imaginary wreaths during our Sunday service "Preparing for the Longest Night." We then burned the wreaths in our imaginary bonfire on the eve of the Winter Solstice, sending our wishes into the night sky, bright with the "Great Conjunction" of Jupiter and Saturn, the closest these two planets have been in nearly 800 years.

As you read the Kaleidoscope of Wishes, you can sense our fervent hope for a better year, our longing for healing and reconciliation and connection. Some of the wishes are deeply personal; many address the pandemic and the state of our country. All of them are worthy. Thank you.

For Overwhelming Kindness.

May 2021 bring relief from the pandemic and resources for those so severely impacted.

May 2021 bring honor & stability to our government and policies with actions to improve the lives of our people.

May I give back to my community for all it's given me.

My hope is for harmony and peace and also for the ability to meet together to burn the solstice wreath next year.

May all kids get back into normal learning and find a way to make up for their losses

Our wishes are for continued safety and healing and the wish to let go of imagined guilt.

My deepest wish is to be free of pain, mind body soul and spirit and to survive within chemical restraints.

I wish for the pain and hostility of the law suits to be settled and for stability to return to my family.

I wish that the medical personnel will get through their nightmare safe, sane and healthy. It is so painful to watch every night on the news especially when they also have to show the other end of the spectrum as well.

That President Biden is able to bring the Republican party back into reality.

That we have everyone vaccinated to conquer Covid-19.

That the 2020 burned areas begin to sprout new life.

Letting go of holiday traditions that no longer bring pleasure or serve my beliefs

WISHING for sanity in our government and some cooperation across the aisle to get us back on track and moving forward in our country

My wishes for the new year are peace and healing in all ways

My wish is that we can understand the far right and bring them back into the fold by helping them understand their hate.

I would like to send away into the ether my anger with people who have conservative leanings.

The clock is ticking...Now is not the time to dilly dally...get yourself back on track...

I wish for a calmer 2021 than this year with the new president, a more predictable and democratic governance.

The end of the detention of immigrants and many people being allowed to stay in our country.

The end of the pandemic.

Everyone living up to our Buddha natures.

To have one true love.

To lose a tendency to waste time.

I wish for a kinder and gentler world in 2021.

Minister's Musings (continued)

Loving ourselves, one another and our world with a fealty to truth, trustworthiness, and compassion.

I'm hoping for a big decrease in virtual meetings (Zoom, Skype, FaceTime) and a big increase in opportunities to visit with family and friends IN PERSON! This wish includes actual hugs!!!!

I wish to let go of worry. I used to think if I thought of every bad thing that could possibly happen, that would be kind of like insurance that it wouldn't happen. The more bad things I thought of, the safer I would be. I realize how misguided that is. I still tend to worry way too much so I want to let go of worry; it doesn't help and just causes undue stress.

I wish to let go of emotional baggage related to past life choices which cannot be changed and which keeps me bogged down.

My wishes for 2021 are for world relief from the Pandemic; peaceful collaboration of government officials to provide for people in need; and that we all develop a new relationship and respect for Planet Earth and our place in the Universal scheme of existence.

Love to all...because that's what it's all about!

Please God, keep my family safe during this pandemic. Help us to see one another again.

World peace and happiness.

May it be so!

From Laurel, With Love



"MoonBough" watercolor by Trish Murtha

TrishJourneys.com

Where is Rev. Laurel?

One of the silver linings of this strange, sad time of the pandemic is that I have been able, simultaneously, to continue my virtual ministry with Namaqua and be with my family in California. I am taking some vacation time from now until Francey and I return to Loveland on January 5th.

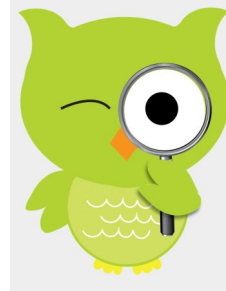
I have enjoyed seeing you during our virtual Sunday services and for some meetings and pastoral calls. And Francey and I have enjoyed our time with Marcus, Henry and David.

Now I imagine we are all hoping that 2021, with a new administration and a COVID vaccine, will ring in a better year than the one that is almost over.

I look forward to seeing you virtually at our Decades service on January 10th, and one of these months being able once again to gather in person.

Happy New Year!

From Laurel, With Love



Board of Trustees Highlights

The Board met virtually via Zoom on December 8, 2020.

The Board continued their discussion of this church year's common read: *Growing A Beloved Community: Twelve Hallmarks of a Healthy Congregation* by Tom Owen-Towle.

Update reports were shared by Rev. Laurel, Brian Jarvis for the Committee for Shared Ministry (CoSM) and Kathy Hartman for the Leadership Development Committee (LDC.)

Rev. Laurel

- Giving Tree will be on-line this year.
- Doing a lot of pastoral care, including planning for Sharon Reif's memorial.
- Worship Associates meeting coming up in a couple of weeks. Laurel is grateful for such a good group.
- Laurel is focusing on having people feel connected. Cherry Sokoloski is making a list of folks that we might want to reach out to in our congregation during these isolated times.

Staff update

- DRE Janen has been facilitating the Heart to Heart Adult RE group and the Meditation group. She plans on starting a parenting group in January or February.

Upcoming services

- Decades Service will be second Sunday in January.

Financial Update – Dick Barton

- In November we had more income than expenses. YTD we are up \$6500.00.

Paycheck Protection Program

- We applied for forgiveness of the Federal PPP loan we received. It will take 2 months to find out whether this loan has been forgiven. Meanwhile, the money is being held in savings.

Building loan payment

- Due in February

Annual Budget Drive

- We have some leads on leads for the ABD and for the Annual (except in pandemic years) Auction

Personnel Update – Doug Stewart

- Elizabeth is out of town for 4-6 weeks; however, with no one in the building, there is no need to hire a backup custodian.

Facilities Report – Pete Buchmeier

- Heat tapes for the roof have been turned on.

Board of Trustees Highlights (continued)

On-going Internet situation

- Doug is sending another option for a provider to Pete.
- Comcast will be changing over to fiber optics about the same time Pulse comes on.
- A consideration: Comcast business rates are considerably more than Pulse's rates.

Coronavirus Policy Update

- Because Colorado moved to Code Red, the entire building is shut-down to groups of any size.

Next Board meeting scheduled for January 12, at 6:30 pm – via Zoom

Respectfully submitted by Rebecca Williamson, Board of Trustees Secretary.



Building Beloved Community *by Barbara Fleming*

Unitarians and Universalists joined forces in the 1960s. Universalism was based on a belief in universal salvation—everyone could get into heaven, no exceptions—and otherwise traditionally Christian. Unitarianism began as a denial of the trinity, in particular the miraculous conception of Jesus. By the mid-twentieth century, the two religious traditions found themselves closely aligned, Universalism having moved beyond traditional Christian concepts and Unitarianism having edged toward more secularity, focusing on social justice. The two small denominations merged into one, with Unitarians having a wide majority. Today, although there are Universalist churches, they do not hold the same beliefs as the founders had. Today, most UUs consider themselves Unitarians.

As long as I do this column you will get a bit of UU history along with some of our congregants' happenings. Here are this month's:

Condolences to **Alice Cain**, who mourns the death of her brother, James Mallard Timmons, to **Curtis Hopehill**, whose mother has died, and to **Tim Ervin**, whose grandmother has died, and to **Brenda** and **Way Christiansen** on the death of Way's father.

Kent Robertson reports that **Ginny Weigel** is now in hospice care. Ginny was one of the founders of NUUC and a vital part of this church community for many years. She was my predecessor in sharing members' ups and downs with the congregation, sitting faithfully in church every Sunday taking notes. [*Update: Sadly, Ginny Weigel has since passed away. Her Memorial Service and Celebration of Life is scheduled for Sunday, January 10th at 1pm.*]

Tigg Young enjoyed the discovery of a cassette tape that contained the voices of her late grandparents.

King Soopers Grocery Cards

When you use your Sooper Card or Alt ID (phone number at King Soopers, you can automatically designate Namaqua UU to receive 5% of ALL of your purchases (including gas and lottery tickets!). **However, you must designate NUUC as your Community Rewards recipient on the King Soopers web site.** To do that:

1. Go to www.kingsoopers.com.
2. If you've already been on the site, sign in to your account. If you have not visited the site before, go to www.kingsoopers.com/signin?redirectUrl=/ and click on the *Create an account link at the bottom of the page, next to "New to King Soopers?"*. You will be asked for some basic information, a valid email address, and your King Soopers reward number. *If you do not have a King Soopers rewards card, they are available at the customer service desk at any King Soopers.*
3. Once you have signed into your account, hover over "My Account" (under your name in the top right corner of the page), then click on My Account in the drop-down menu.
4. On the left side of the page is a list of links. Under "My Account", click on the last link titled *Community Rewards*.
5. Search for *Namaqua Unitarian Universalist Congregation* and then click *Enroll*.

When you make a purchase, you will see NUU noted at the bottom of your receipt. If you are a Safeway Shopper and do not have a rechargeable card, or have any questions, please contact Jeanne Miller or at jkm530@hotmail.com or 626-437-1950.

Pastoral Care

The Pastoral Care Team supports the congregation members and friends during difficult times. They take care of such needs as arranging for meals and running errands, rides to appointments, help with moving, sick visits and companion walks for those recovering. They also help celebrate happy accomplishments. If you, or someone you know, are in need of special support, please contact one of the team members: Cindy Black, Els Deininger, Kathy Hartman, Sally Henry, Rev Laurel Liefert. PastoralCare@NamaquaUU.org

Board meetings are held at 6:00 pm the second Tuesday of the month either in our Zoom Room or at 745 E. 5th Street in Parker Hall. All are welcome to observe.

NUUC Board of Trustees:

Doug Stewart, President (Board term expires June 30, 2021)
 Sarah Jane Wilhelm, Vice President (Board term expires 2021)
 Dick Barton, Treasurer (Board term expires 2022)
 Rebecca Williamson, Secretary (Board term expires 2021)
 Pete Buchmeier, Trustee (term expires 2022)
 Leonard Sokoloski, Trustee (term expires 2023)
 Jessie Allen-Young, Trustee (term expires 2021)
 Rev. Laurel Liefert, ex-officio

To comment to the Board, email Board@NamaquaUU.org

To reach the President, email President@NamaquaUU.org

NUUC Elected Leaders

Committee on Shared Ministries (CoSM)

Sara Suriani (term expires 2022)
 Brian Jarvis (term expires 2021)
 Jauna Drake (term expires 2023)
 Tom Mitchell (term expires 2023)
 Fred Schrekinger (term expires 2023)

Leadership Development Committee (LDC)

Susan Moody (term expires 2023)
 Cherry Sokoloski (term expires 2023)
 Kathy Hartman (term expires 2022)

We are on the web!
www.NamaquaUU.org

Our Mission

Namaqua Unitarian Universalist Congregation fosters a beloved community that celebrates diversity, strives for peace and justice, acts mindfully for the good of the planet, and inspires spiritual growth through a free and loving search for truth and meaning.

Namaqua Unitarian Universalist Congregation is a liberal congregation in the Loveland-Berthoud area with about **200 members and friends** from diverse religious and cultural backgrounds .

We affirm the worth of every human being and welcome to our congregation all persons without regard to age, gender, race, sexual orientation, disability, or other class of exclusion.

Our faith tradition calls us to actively engage in justice-making by advocating on behalf of oppressed peoples, working toward a healthier, more sustainable world, and witnessing for a more just and tolerant society.

You can save money and trees by choosing the email version of this newsletter. If you would like to receive Namaqua Crossings through email, send your request to NUUC@NamaquaUU.org. Send items for publication to Newsletter@NamaquaUU.org

Due dates for the next two issues:

For the February Newsletter: January 24

For the March Newsletter: February 21

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